

Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- **Don't miss out!** Join Alzheimer's LA for their 16th Annual Faith & Health Luncheon on **Thursday, May 16th** at the West Los Angeles Cathedral from 11:00 AM – 1:30 PM. Connect with leaders and members of Black/African American churches and organizations to discuss Alzheimer's and other dementias, and explore community resources available. Free admission, registration is required. **Register online by April 30th.**
- **Reminder!** Alzheimer's Association 2024 Reports
 - [2024 Alzheimer's Disease Facts and Figures Report](#)
 - [2024 Special Report: Mapping a Better Future for Dementia Care Navigation](#)
 - [2024 California Alzheimer's Statistics](#)
- **Reminder!** Check out [Best Programs for Caregiving](#), a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.



Upcoming Events

- Apr. 23 - 11 AM PST** **NADRC Webinar: Social Isolation and Loneliness for People living with Dementia and their Caregivers.** [Register Now.](#)
- Apr. 30 - 12 PM PST** **Dementia Care Aware Webinar: The Role of Hearing on Physical and Cognitive Health.** [Register Now.](#)
- May 16 - 11 AM - 1:30 PM PST** **Alz LA Annual Faith & Health Luncheon:** Free admission, registration is required. [Register Now.](#)
- May 22 11 AM PST** **NADRC Webinar: Unique Approaches to Brain Health.** [Register Now.](#)
- Jun. 1 - 6 AM - 2:30 PM PST** **University of Minnesota Conference: Caring for People with Memory Loss Conference.** [Register Now.](#)

Funding Opportunities

ALZHEIMER'S ASSOCIATION'S CENTER FOR DEMENTIA RESPITE INNOVATION

Deadline: June 1, 2024

Alzheimer's Association will fund new respite care innovation projects across the country to enhance respite services for people living with dementia and their caregivers. Local public or private non-profit entities encouraged to apply (**hospitals, public/private government agencies, Indian tribal organizations, faith-based organizations, community-based organizations, institutions of higher education**).

In the Spotlight - The Good Life Program

The Good Life and its companion program, **La Buena Vida**, provides interactive online exercise and health classes tailored for Black and Latin Americans and led by experts in health and nutrition. From Healthy Aging, Cooking and Nutrition, Brothas Building Brothas, and Mind Body & Spirit, there is a program for everyone. All programs and resources are free to the public thanks to a partnership with the California Department of Public Health.

Help spread the word by becoming a **Good Life Ambassador** and sharing with your patients and clients or connect with The Good Life team info@thegoodlifepath.org to partner. Learn more at thegoodlifepath.org



Share your organization's impactful efforts in supporting people living with Alzheimer's disease and related dementias, and their families. Send success stories, achievements, or highlight ongoing initiatives to Mariana Reyes (healthybrainla@ph.lacounty.gov) to be featured in a spotlight.

Featured Resources

- COMMUNITY RESOURCE**
[California Department of Public Health's 'Take on Alzheimer's' Public Awareness Campaign.](#)
- COMMUNITY RESOURCE**
[Healthy Food, Healthy Brain Rack Card Series. Topics include but not limited to: Diet, Exercise, Hearing, Sleep.](#)
- LEARNING MODULE**
[University of Colorado eLearning module: Designed for primary care teams to increase their knowledge and skills related to ADRD. Registration Code: ADRD \(not case sensitive\). Free AAFP CME credits.](#)
- LEARNING MODULE**
[Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.](#)
- TOOLKIT**
[BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems](#)
- COMMUNITY RESOURCE**
[BOLD Center on Dementia Caregiving - A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners.](#)



Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to Mariana Reyes (healthybrainla@ph.lacounty.gov).